

## **SHRIMAD RAJCHANDRA COLLEGE OF PHYSIOTHERAPY**

**Topic: Expert talk on Orthopaedic special test for shoulder joint**

**Date: 4<sup>th</sup>, 5<sup>th</sup> July and 12<sup>th</sup>, 13<sup>th</sup> July 2023**

**Resource person: Dr. Trusha Kulkarni**

Shrimad Rajchandra College of Physiotherapy organized an Expert talk session for BPT students of 7<sup>th</sup> semester. Dr. Trusha Kulkarni, Assistant professor at Shrimad Rajchandra College of Physiotherapy was the instructor for a hands-on expert talk subjected Orthopedic Special text for Shoulder joint. This session covered different topics such as importance and uses of special test, basic anatomy and biomechanics of shoulder joint and different special test for various shoulder related conditions like instability, rotator cuff injuries, labrum lesions, specific muscle pathologies etc. The students were also given a practical demonstration of each test to improve their practical knowledge and skills. Students were divided into 2 groups and practiced in musculoskeletal lab. The expert talk was attended by approximately 80 students.



